



Evidenced-based Practice within a Children's System of Care

Touchstone Behavioral Health




March 3, 2009 Evidenced-based Practice within a Children's System of Care


Touchstone Behavioral Health Evidence Based Programs




Functional Family Therapy 1999




Multidimensional Treatment Foster Care 2001-2004



Multisystemic Therapy 2003




Brief Strategic Family Therapy 2006




Multisystemic Therapy-Problem Sexual Behavior 2009

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Why?




Too Expensive



Too Messy



Too Much Change



Failure

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Why?

Legislative Mandate 


Research Options 


Ethical Consideration 


Mission 


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Lessons Learned Considerations

Licensing Issues 

Contract Issues 

Matrix Issues 

Referral Issues 

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The 12 Arizona Principles


1. Collaboration with child and family
2. Functional outcomes
3. Collaboration with others
4. Accessible services
5. Best practices
6. Most appropriate setting
7. Timeliness
8. Services tailored to child and family (strengths- based)
9. Stability
10. Respect for child and family's unique cultural heritage
11. Independence
12. Connection to natural supports

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Myths About Evidenced-Based Practice

Substitutes for the Arizona Vision and CFT Practice


- Too Prescriptive
- Stifles Creativity
- Can Treat Anyone
- Too Expensive
- Outsiders

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Evidenced-Based Practice and the
Child and Family Team

Protocol Can Be Communicated

- Informed Consent
- Ethical Responsibility
- Choice


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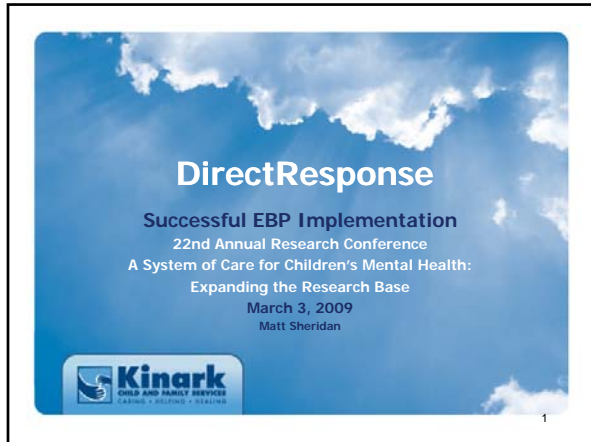
Evidenced-Based Practice
Within a Children's System of Care

Thank You


Timothy Dunst, President
Touchstone Behavioral Health

Timothy.Dunst@touchstonebh.org
www.touchstonebh.org

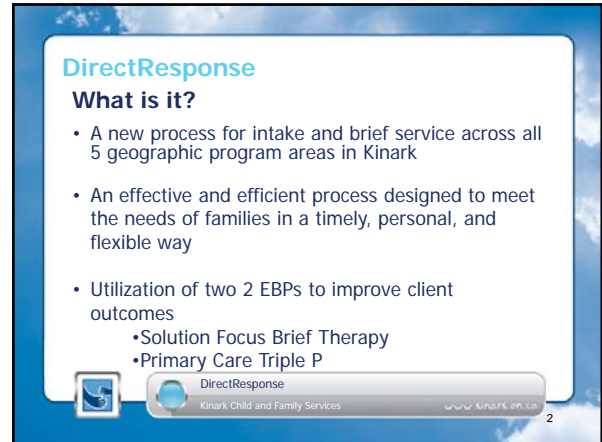
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DirectResponse
Successful EBP Implementation
22nd Annual Research Conference
A System of Care for Children's Mental Health:
Expanding the Research Base
March 3, 2009
Matt Sheridan




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DirectResponse
What is it?

- A new process for intake and brief service across all 5 geographic program areas in Kinark
- An effective and efficient process designed to meet the needs of families in a timely, personal, and flexible way
- Utilization of two 2 EBPs to improve client outcomes
 - Solution Focus Brief Therapy
 - Primary Care Triple P



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DirectResponse

Efficient

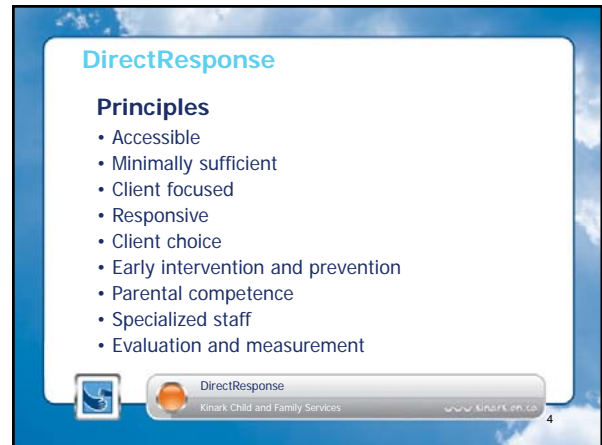
- Clients receive service as quickly as possible
- Intake process is streamlined
- Specialized intake software application developed

Effective

- Services matched to client needs and readiness
- Service process and outcome factors measured




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DirectResponse

Principles

- Accessible
- Minimally sufficient
- Client focused
- Responsive
- Client choice
- Early intervention and prevention
- Parental competence
- Specialized staff
- Evaluation and measurement



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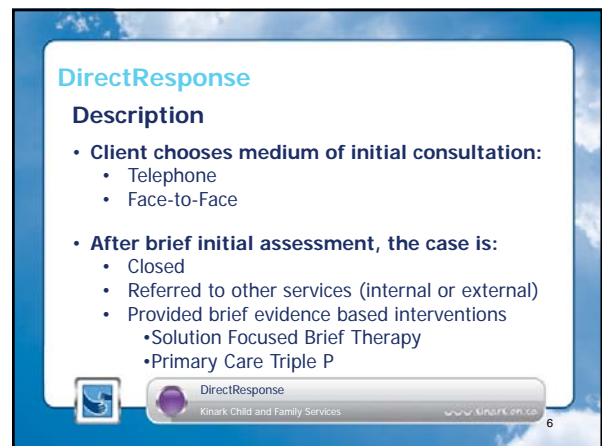
DirectResponse

Critical Success Factors for Implementation

- Management and Staff support the rationale for change
- Careful selection of Evidence-Based Practices
- Partners understand and support the rationale for change
- Development of interdisciplinary teams
- Increased professional competency and efficacy in staff
- Integrated system of initial and ongoing education and coaching
- Sustainability




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DirectResponse

Description

- **Client chooses medium of initial consultation:**
 - Telephone
 - Face-to-Face
- **After brief initial assessment, the case is:**
 - Closed
 - Referred to other services (internal or external)
 - Provided brief evidence based interventions
 - Solution Focused Brief Therapy
 - Primary Care Triple P

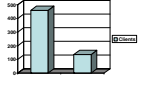


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DirectResponse ~ Outcomes

Reduction in waitlist over last year:

- June 07 - 459
- June 08 - 136



- Reduction in wait time for first appointment from 2 – 4 months to 2 weeks.
- Approximately 30% of the clients referred complete service within 60 days.
- Approximately 300 clients have been involved in one of the 2 EBPs between April 08 and December 09.

DirectResponse
Kinark Child and Family Services
www.kinark.on.ca

Kinark Child and Family Services
Clinical Transformation – the context
FOCUS ON IMPLEMENTATION

Effective intervention practices

+

Effective implementation practices

=

GOOD OUTCOMES FOR CHILDREN AND FAMILIES

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DirectResponse ~ Where we've been

Stages of Implementation – Fixsen et al

Exploration

- Working Group
- Research
- Prioritizing
- Recommendations
- Conclusion of group

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DirectResponse ~ Where we've been

Stages of Implementation – Fixsen et al

Installation

- Installation team
- Focus on practical implementation
- Resources, systems, processes
- Develop the installation plan
- Recommend and conclude

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DirectResponse ~ Where we are

Stages of Implementation – Fixsen et al

Initial Implementation

- Implementation team
- Focus on “form serving function”
- Integration - a key role
- Staff involvement in process – focus groups, feedback, trial and error

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DirectResponse ~ Where we're going

Stages of Implementation - Fixsen et al

Full Implementation – What's next?

- Practicing what we preach
- Consistency in practice and outcomes
- Systems and infrastructure in place
- Integrated with other services

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DirectResponse ~ Where we're going

Stages of Implementation - Fixsen et al

Innovation – What else?

- Building upon success
- Exploring enhancements based on data
- Revisioning from a “new norm”
- Incorporating value-added service

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DirectResponse ~ Where we're going

Stages of Implementation - Fixsen et al

Sustainability – Continuing forward

- Sticking to the plan
- Peer Consultation Committee
- DirectResponse Manual
- Practice Leader support
- Process and Program Evaluation

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Thank you

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CHILD AND FAMILY SERVICES
CARE • BUILD • CHANGE

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